

You're a Good Conductor

Electricity always seeks the shortest path to the ground. It tries to find a conductor, or something that it can pass through to get to the ground, like metal, wet wood or water. Your body is about 70 percent water, so that makes you a good conductor, too.

If you touch energized bare wire or a faulty appliance while your feet are touching the ground, electricity will pass through you to get to the ground, causing a harmful or even fatal shock.

Stay safe around electricity. Learn more at NVEnergy.com/safety

The Right Light

The ENERGY STAR Choose a Light Guide is an interactive online tool designed to show you which compact fluorescent

lamp (CFL) types are most appropriate for certain fixtures. The Guide also demonstrates the differences between soft white, bright white, and daylight color temperatures, and provides tips for proper CFL use.



Learn more at NVEnergy.com/saveenergy

Audit Your Home

Energy savings can be found throughout your home. On MyAccount, we have organized ways to save into topics, like weatherization, heating and lighting. Start saving today. Sign up for MyAccount on NVEnergy.com.



Our offices will be closed on Monday, January 17, in observance of the Martin Luther King Jr. holiday.

A Silent Killer

Carbon monoxide is a silent killer. Ensure that fuel-burning appliances are installed, maintained and used properly and safely. This includes having an annual inspection of heating and venting equipment by a qualified contractor prior to the heating season and the use of a carbon monoxide alarm that meets current standards.

It is important to be aware of the symptoms of carbon monoxide poisoning. Symptoms can occur immediately or more gradually after long-term exposure. Common symptoms include dizziness, confusion, shortness of breath, nausea, headaches and fainting.



If you have these symptoms after being in an enclosed area, get fresh air immediately and go to a hospital emergency department or call 911. Be sure to tell your doctor or the emergency responders that you may have carbon monoxide poisoning.

Winter Tips

- During the heating season, keep the draperies and shades on your south facing windows open during the day to allow the sunlight to enter your home and closed at night to reduce the chill you may feel from cold windows.
- ▶ Weatherize your home. Caulk and weatherstrip any doors and windows that leak air.
- ▶ Properly maintain and clean heating equipment.
- Replace furnace filters regularly.
- Check the insulation in your attic, ceilings, exterior and basement walls, floors, and crawl spaces to see if it meets the levels recommended for your area.

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Creating an energy-smart future.

You can learn more about the benefits of NVEnergize at **NVEnergize.com**

4-to-1 Rule

One CFL uses about one quarter of the energy of an incandescent bulb. To replace a 100-watt incandescent bulb, look for a CFL around 23-25 watts to get the same amount of light.



More Questions?

For more information visit: NVEnergy.com

For Customer Service:

Northern Nevada Call (775) 834-4444 or toll free (800) 962-0399 Para Español llame al (775) 834-4700

Southern Nevada

Call (702) 402-5555 Para Español llame al (702) 402-5554

